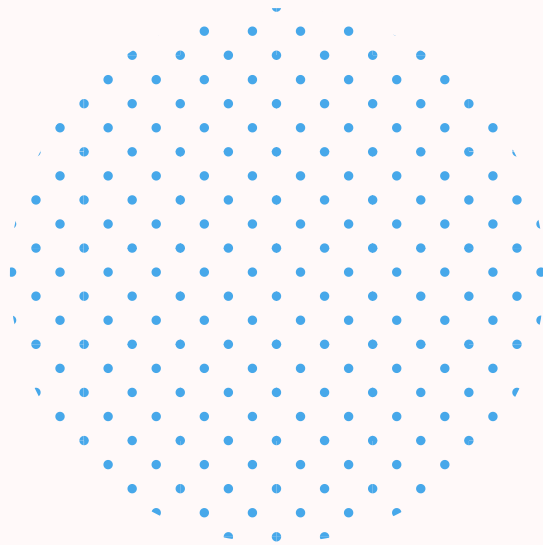


CLARITY SINGAPORE

2016

ANNUAL REPORT



Clarity Singapore Limited
Annual Report for Year Ended 30 September 2016

Clarity Singapore Limited was incorporated under the Companies Act (Cap. 50) on 10 October 2010 and that the Company is a Public Company Limited by Guarantee.

Unique Entity Number (UEN) : 201021634E

Registered Address: 133 New Bridge Road #09-06 Chinatown Point
Singapore 059413

Principal Place of Activity: Block 854 Yishun Ring Road #01-3511
Singapore 760854

Board Members :

| Name | Designation | Date of Appointment |
|---------------------------------|------------------------------------|---------------------|
| Joseph Tan Peng Chin | Chairman | 10 October 2010 |
| Denise Pang Kiem Lan | Vice-Chair | 10 October 2010 |
| Belinda Young Hsien Lin | Company Secretary and Board Member | 10 October 2010 |
| Professor Philip Choo Wee Jin | Board Member | 10 October 2010 |
| Dr Christopher Cheok Cheng Soon | Board Member | 10 October 2010 |
| Cynthia Phua Siok Gek | Board Member | 22 March 2012 |
| Ignatius Hui Yew Ping | Board Member | 2 July 2013 |
| Linda Tan Ling Yin | Board Member | 2 July 2013 |
| Judy Ng Sen Loo | Board Member | 18 February 2016 |
| Fr JJ Fenelon | Board Member | 1 Jan 2016 |
| Fr John Sim | Board Member | 1 Jan 2016 |
| | | |
| Sr Linda Lizada | Spiritual Director | 10 October 2010 |

Clarity Singapore Limited
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Advisory Council :

| Name | Designation | Date of Appointment |
|---------------------------------|--|---------------------|
| Wendy Chia | Audit Committee Chairman | 4 June 2012 |
| Belinda Young Hsien Lin | Audit Committee Member | 4 June 2012 |
| Sherraine Chan | Audit Committee Member | 4 June 2012 |
| Michael Chye Hin Fah | Audit Committee Member | 3 December 2015 |
| Cynthia Phua Siok Gek | Finance Committee Chairman | 10 October 2014 |
| Belinda Young Hsien Lin | Finance Committee Member | 10 October 2010 |
| Professor Philip Choo Wee Jin | Finance Committee Member | 10 October 2010 |
| Denise Pang Kiem Lan | Human Resource & Development Chairman | 10 October 2010 |
| Ignatius Hui Yew Peng | Human Resource & Development Member | 2 July 2013 |
| Cynthia Phua Siok Gek | Human Resource & Development Member | 10 October 2014 |
| Ignatius Hui Yew Peng | Marketing, Public Relations & Fundraising Member | 2 July 2013 |
| Linda Tan Ling Yin | Marketing, Public Relations & Fundraising Member | 2 July 2013 |
| Dr Christopher Cheok Cheng Soon | Mental Health Programmes and Services Chairman | 10 October 2010 |

Internal Auditor : Audit Committee

Banker : DBS Bank Ltd, 6 Shenton Way, DBS Building Tower One, Singapore 068809

Auditor : Fiducia LLP

Investment Adviser (s) : Board of Directors

Other Adviser (s) : Shared Services Charities (PDPA)

OBJECTIVE:

Mission

A Catholic charity that serves persons with mental health issues to live meaningful lives through support therapy, acceptance and recovery

Vision

Rebuilding lives, renewing hopes for mental wellness by supporting, caring and facilitating reintegration within the community

Clarity Singapore Limited
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POLICIES: -

Funding

1. Caritas Singapore
 - Annual budget to be submitted annually for grant processing
 - Funds received from Caritas are used to support services and programmes delivered in Yishun and Agape Village
2. MOH Comit Grant
 - Quarterly reimbursement of expenses incurred
 - Grants from MOH is restricted to application of services to COMIT@NORTH programme
3. Care & Share Matching Grant
 - Grant received from Care & Share Matching Grant are used for new initiatives
4. General Public

Reserve

To establish reserves at level equivalent to 2 years of operating expenditure
This is reviewed by the Board yearly and will be done through increasing awareness of our activities, seeking more donors both private and corporate and fund raising efforts.

Investment

Fixed Deposit placements for excess funds

REVIEW OF YEAR 2016

Staffing

As at 30 September 2016, there are 11 full-time staff (2015: 6 full-time & 2 part-time staff) employed by the Charity.

Activities

Public Education Talks
Psycho-education Programmes
Community PsychoSocial Programmes
Publicity Drives
Social Integration Activities
Volunteer Training
PsychoSpiritual Sessions

Calendar of Events

Public Education Talks

| | Topic | Speaker |
|-----------|-----------------------------------|---|
| 23-Jan-16 | Understanding Dementia | Dr Chan Keen Leong |
| 9-Jul-16 | Take Control and Survive Anxiety! | Dr Raja Sathy Vello, Sr Linda Lizada |

Psycho-education Programmes

| Date | Topic | Partner |
|---|--|--------------------------|
| 24-Oct-15 | Coping With Stress | - |
| 19, 20 & 22 Oct 15 | Art Relaxation Series Services | Mamre Oaks |
| 26, 29 Oct 15 2 Nov 15 | Art Relaxation Series Services | YAH! MontfortCare |
| 23, 30 Jan 16 13, 20 Feb 16 (2nd Run) | Self-Worth Workshop (English) | - |
| 20, 27 Apr 16 4, 11 May 16 (3rd Run) | Self-Worth Workshop (English) | - |
| 3, 17 & 24 Sep 16 (4th Run) | Self-Worth Workshop (English) | - |
| 25 Jun 16 30 Jul 16 20 Aug 16 | Wholehearted Living To Cultivating Meaningful Relationships (Trial) | - |
| 24 Jan 16 27 Mar 16 24 Apr 16 | Mental Wellness Workshop | Canberra Wellness Centre |
| 27 Feb 16 5, 12 & 19 Mar 16 (1st Run) | Self-Worth Workshop (Mandarin) | - |
| 13 Mar 16 17 Apr 16 14 Aug 16 | Happiness Programme With Foreign Domestic Helpers | ACMI |
| 24-Feb-16 | 5 Languages of Love (Mandarin) - Closed Group of RC Members Only | Canberra Zone 1 RC |
| 23 Apr 16 7 May 16 25 Jun 16 | Lighting The Way - A Guide To Understanding Depression (3rd Run) | - |

Psycho-education Programmes (con't)

| Date | Topic | Partner |
|---|--|-------------------|
| 23, 30 Jul 16 20, 27 Aug 16 | Lighting The Way - Small Group (1st Run) | - |
| 3, 10, 17 & 24 Jun 16 15, 22 & 29 Jul 16 | Better & Happier With Clarity @ Yishun | - |
| 13, 20 & 27 Jul 16 3, 10, 17, 24 & 31 Aug 16 | Better & Happier With Clarity @ AV | - |
| 25-Jun-16 | Gospel Art (1st Run) | - |
| 6-Aug-16 | Gospel Art (2nd Run) | - |
| 29 Jun 16 13, 20, & 27 Jul 16 3, 10, 17, 24 & 31 Aug 16 7, 14, & 21 Sep 16 | Caregiver To Caregiver | - |
| 19-Jun-16 | Self-Worth & Relationships | IHM Church |
| 2-Jul-16 | Schizophrenia & Psychosis Talk | SCAACRE |
| 22 Jul 16 12 Aug 16 | YAH College Talk | YAH! MontfortCare |
| 20-Aug-16 | Pregnancy Crisis Services Workshop | - |
| 19-Sep-16 | Stress Management Techniques For Children | OLPS |

Community PsychoSocial Programmes

| Date | Topic | Partner |
|--|---|-----------------------------------|
| 20-Nov-15 | Tin Can Recycling Workshop | Nee Soon South Wellness Centre |
| 26 Feb 16 20 May 16 17 Jun 16 15 Jul 16 | 4 Mini Topics 1. Finding and Living your Values 2. Getting Rid Of Difficult Emotions 3. Changing Unhelpful Patterns Of Thoughts 4. Building Loving Relationships | Nee Soon South Wellness Centre |
| 23-Sep-16 | A Guide To Understanding Depression | Nee Soon South Wellness Centre |

Clarity Singapore Limited
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Publicity Drives

| Date | In Partnership with |
|----------------|---|
| 12-Mar-16 | World Bipolar Day @HPB Auditorium IMH |
| 23 & 24 Apr 16 | Risen Christ Church |
| 21-Apr-16 | Talk On Availability Of Mental Health Services In The Community Singapore Prison Services |
| 31-Jul-16 | Nee Soon South CC Active Ageing Fair |
| 10-Sep-16 | "What's Wrong With My Child" Talk @The Grassroots' Club CHAT |

Social Integration Activities

| Date | Activities |
|-----------|---|
| 10-Oct-15 | Clarity 5th Anniversary Mass |
| 24-Nov-15 | Goodman Ceramic Studio Staff Retreat |
| 20-Jan-16 | Sr Linda's Formation |
| 29-Jan-16 | CNY Celebrations For Clients |
| 19-Feb-16 | CNY Mass & Lo Hei |

Volunteer Training

| Date | Topic |
|-----------|----------------------|
| 26-Jan-16 | Befriending Training |
| 22-Feb-16 | Befriending Training |
| 11-Jun-16 | Volunteer Training |

PsychoSpiritual Programmes

| Date | Topic | Partner |
|---------------------------|--------------------------------------|---|
| 19 Mar 16 2 & 9 Apr 16 | Introduction to Christian Meditation | World Community for Christian Meditation |

Fundraising Event and Activity

5th Anniversary Dinner - 5 Nov 2015

REVIEW OF FINANCIAL STATE AND EXPLANATION OF MAJOR FINANCIAL TRANSACTIONS

Significant and new income items were one-off donations of:-

1. \$185,800 from a fundraising anniversary dinner drive which commenced in June 2015, and dinner held on 5 November 2015
2. \$85,000 from Singapore Island Country Club
3. \$607,463 from Care & Share Matching Grant (which ended on 31 March 2016)

The above resulted to a surplus of \$637,401 for the year ended 30 September 2016, which will be used for planned programmes in 2017

Total income and expenses were \$1,374,690 and \$737,289 respectively.
Our reserves was \$1,433,489 as at 30 September 2016
Fixed Deposits is \$1,070,000 to-date

REVIEW AND CHANGES IN MEMORANDUM AND ARTICLES OF ASSOCIATION

A review was done in the Memorandum & Articles and no changes were required

EXPLANATION OF THE PURPOSES FOR WHICH THE CHARITY'S ASSETS ARE HELD

The charity's assets mainly comprise computer, office equipment and furniture
They are used to enable staff to carry out the charitable activities of Clarity Singapore Limited.

FUTURE PLANS AND COMMITMENTS

Launching of the Youth Mental Health Initiative in March 2017
To raise awareness of mental health issues through workshops and public talks
Collaborating with NCSS in their Peer Support Specialists programmes
Delivery of COMIT@NORTH Programme coordinated by Agency for Integrated Care for FY17/18
Committed to delivery of programmes under the Care & Share Matching Grant programme

Note :

Policy relating to the management and avoidance of conflicts of interest.

Declaration of directorship in other companies at board meetings. This is done annually and as and when directors hold new directorship in a company.

General Notice given pursuant to Section 156(4) of the Companies Act, Cap 50.
is submitted to the Company Secretary annually.

Clarity Singapore Limited
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Other disclosures:

(a) Mr Fredric Cordeiro, Executive Director, was appointed on 1 February 2016;

(b) Ms Grace Ang Siew Leng, Executive Director, left the organisation on 31 March 2016

(c)

| Name of Director | Occupation |
|---------------------------------|-------------------------|
| Joseph Tan Peng Chin | Lawyer |
| Denise Pang Kiem Lan | Mentor |
| Belinda Young Hsien Lin | Accountant |
| Professor Philip Choo Wee Jin | Chief Executive Officer |
| Dr Christopher Cheok Cheng Soon | Doctor |
| Michael Seow Choon Guan | Director |
| Thomas Tan Chwee Leng | Consultant |
| Cynthia Phua Siok Gek | Consultant |
| Ignatius Hui Yew Ping | Business Consultant |
| Linda Tan Ling Yin | Self-employed |
| Judy Ng Sen Loo | Social Worker |
| Fr JJ Fenelon | Roman Catholic Priest |
| Fr John Sim | Roman Catholic Priest |

(d) There are no current holder of any of the relevant offices who has prior to his current term held any of the relevant offices in the charity;

(e) There are no related entities of the charity and, none of the governing board members of the charity are also persons having the general control and management of the administration of the related entity;

(f) The charity has a reserve policy of a general reserve level of two years, to ensure financial sustainability and continuity for the purpose of operating effective programmes;

(g) There are no funds of the charity which are in deficit;

(h) The principal funding sources of the charity are:-

- (1) Caritas Singapore
- (2) Ministry of Health
- (3) Government Care & Share Matching Grant
- (4) General Public